

EMBARK | WEEK 5 - SURRENDER: THE POWER OF THE HOLY SPIRIT — GOD IN US

REVIEW LAST WEEK'S THEME:

God's will becoming my will

Key Scripture: Luke 9:23 (NIV)

"Then he said to them all: 'Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.'"

Opening Reflections:

- Would anyone like to share something meaningful from their journaling or personal study last week?
- Was there a time in your life when you had to give up your control and trust Jesus?

THIS WEEK'S FOCUS: THE POWER OF THE HOLY SPIRIT

KEY SCRIPTURE: JOHN 14:15-17 (NIV)

15 "If you love me, keep my commands. 16 And I will ask the Father, and he will give you another advocate to help you and be with you forever— 17 the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you."

BIG IDEA

How to recognize the presence and power of the Holy Spirit in my life, and begin walking in dependence on Him for growth and godliness.

ACTS CHAPTER 2 REFLECTION & DISCUSSION

In Acts 2, we see the Holy Spirit coming in power:

- Miracles, healings, radical life changes
- Thousands coming to faith
- Boldness, unity, generosity, and spiritual hunger

QUESTIONS:

- Are we empowered by the Holy Spirit today?
- Is He active in our daily lives?
- Do we yield to the Holy Spirit? Who is truly in control of our lives?

WHAT DOES THE HOLY SPIRIT DO?

- Agent of spiritual birth (Jn. 3:5-6)
- Inspires (2 Pet. 1:21)
- Convicts of sin (Jn. 16:8)
- Glorifies the Father (Jn. 16:14)
- Indwells believers (Ro. 8:11)
- Fills believers (Eph. 5:18)
- Gives spiritual gifts (1 Cor. 12:4-11)
- Leads and guides (Ro. 8:14)
- Teaches (Jn. 14:26)
- Comforts (Acts 9:31)
- Bears fruit in our lives (Gal. 5:22-23)
- Intercedes when we don't know how to pray (Ro. 8:26)

PERSONAL STORY

TEACHING VIDEO

VIDEO RECAP & DISCUSSION

- The Holy Spirit is **fully God**, present at **creation** (Genesis 1:2)
- We are not left to fight sin or darkness alone — God places **His Spirit in us** at salvation
- The Spirit is our **Helper, Advocate, and Guide**
- Jesus said it was **better for Him to leave** so the Spirit could come (John 14:15-17)
- At BRC, we seek a **balanced** view of the Spirit — neither ignoring Him nor overemphasizing Him over the Father and Son
- The evidence of the Spirit's presence:
 - **Fruit of the Spirit** in us
 - **Spiritual gifts** that serve others

ADDITIONAL SCRIPTURE & QUESTIONS

“Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.”

- Ephesians 5:18 (NIV):

- If being drunk means being controlled by wine, what does it mean to be controlled by the Holy Spirit?
- What has been your experience or understanding of the Holy Spirit in your life?
- Which aspects of the Spirit's work excite, encourage, or confuse you?

ACTION STEP

Reflect on the verses listed in the box above about the Holy Spirit. Journal about what you are learning and pray this week for the Spirit to give you:

- Boldness to talk about Jesus
- Open doors to share my faith
- Protection
- Guidance
- Counsel
- Help
- Words to speak
- Spiritual Gifts
- Filling with His power

