



WELCOME & INTRODUCTIONS

We're so glad you're here. Let's start this adventure together!

CLASS OVERVIEW

Welcome to Embark, a seven-week journey designed to help you discover Jesus in a fresh way and experience the joy, freedom, and purpose found in a growing relationship with Him.

Through honest conversations, biblical truth, and authentic community, this class will explore why Christians:

BELIEVE in who Jesus truly is, and receive His forgiveness.

SURRENDER to His loving will for their lives.

GROW in the rhythms of a transformed life.

This is your invitation to live life to the fullest.

Class Outline

Week 1 - The Joy of Discipleship

Week 2 - BELIEVE: Who is Jesus?

Week 3 - BELIEVE: Salvation by Faith

Week 4 - SURRENDER: God's Will Becoming My Will

Week 5 - SURRENDER: The Power of the Holy Spirit

Week 6 - GROW: Abiding in Christ

Week 7 - GROW: Connecting to the Church Body

GROUND RULES

What is shared here, stays here

You don't have to pray or read out loud

We encourage participation, but give everyone equal time to share

CLASS FORMAT

- Welcome and short discussion
- Personal story shared by the leader
- Video lesson from Pastor Josh
- Group discussion
- Personal journaling at home

EMBARK WEEK 1 | THE JOY OF DISCIPLESHIP

KEY SCRIPTURE: JOHN 10:10

“The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.”

BIG IDEA

Nothing is better. Nothing compares. We get to be a part of God's story — a story of joy, redemption, and purpose.

LET'S TALK ABOUT IT

- What is the full life, the abundant life?
- Is there more to life than what I am experiencing?
- Can I be completely forgiven?
- What am I doing on Earth?
- Where am I heading?

PERSONAL STORY

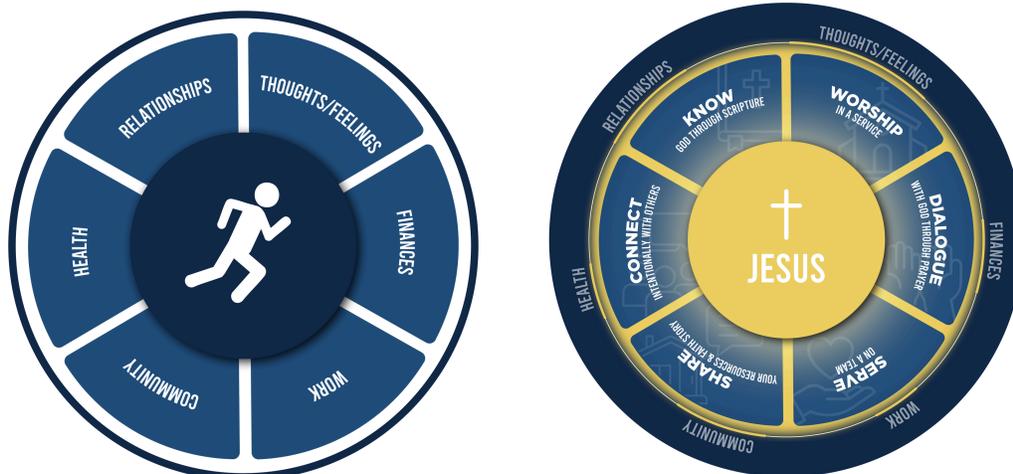
TEACHING VIDEO

VIDEO RECAP & GROUP DISCUSSION

Everyone is seeking something — success, adventure, leisure, identity.

- What are you seeking?

Contrast the default **self-centered** life vs. a **Christ-centered life**.



Jesus invites you to an abundant life — not a pain-free life.

- What's the difference?

The full life in Christ includes **forgiveness** and **redemption**.

- Why do we need that?
- How do we believe and receive this free gift from God?

Pastor Josh highlights three words that define a disciple:

BELIEVE · SURRENDER · GROW

- How do these words resonate with your personal spiritual journey?

ADDITIONAL DISCUSSION: WHAT DO YOU THINK?

- When you look at your friends, family, or coworkers — what do they believe leads to a full life?
- Does the metaphor of trying to keep all your “plates” spinning resonate with you? Why or why not?
- How does Jesus’ invitation to “life to the full” reshape how you view your purpose and identity?

SCRIPTURES FOR FURTHER REFLECTION

Look up the passages below and note what each says about the new and full life that Jesus offers.

- **John 6:35** – Whoever comes to Jesus will never go spiritually hungry or thirsty.
- **John 14:6** – Jesus is the way, the truth, and the life - the only way to the Father.
- **2 Corinthians 5:17** – There is new life for anyone who is in Christ.
- **John 1:1-4** – In Jesus was life, and that life was the light of all mankind.
- **Ephesians 2:8-9** – It is by grace you have been saved - it is a gift from God.
- **John 8:12** – Whoever follows Jesus will never walk in darkness.
- **Matthew 6:33** – Seek first the kingdom of God and all these things will be given to you.
- **Romans 6:4** – Just as Christ Jesus was raised from the dead, we too may live a new life.

ACTION STEP

Following each session, you are encouraged to journal about what you are learning. Use the Scripture passages listed above and journal reflection questions on the next page as prompts to guide your thoughts.

