



Black Rock Church Counseling Referral Resources

(Effective September 2023)

Unless listed, please contact the counselor for accepted insurance providers.

Bridgeport:

Redeem Wellness Center, LLC – Marriage, Family, Individual & Youth
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, United Healthcare
Appointments: <https://www.redeemwellnesscenter.com/contact/>
Website: <https://www.redeemwellnesscenter.com/>

Easton/Fairfield:

Beth Thompson – Licensed Professional Counselor

Insurances: Aetna, Anthem, Cigna & Husky
Appointments: 203.450.5804
Email: bthompsonlpc@gmail.com

Renew Counseling Associates (Fairfield, Shelton, Southbury, Stamford)

Appointments: Email or 203.255.5078
Insurances: Various – contact the office
Email: info@renewcounselingct.com
Website: www.renewcounselingct.com

Safe Harbor Christian Counseling - Robert Hutter, Director

Offering teletherapy and in-person sessions
Insurances: Aetna, Anthem, Cigna, Husky, Magellan, Tricare, United Healthcare
Appointments: 800.305.2089, ext. 407
Email: rob@safeharborct.com
Website: www.safeharborct.com

New Haven:

**Maria Diaz – Certified Professional Life Coach & Strengths Finder
Champion Coach (English & Spanish)**

A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Maria's areas of expertise include career coaching, finding your purpose, life changes, women who have experienced abuse, marriage & relationships, and spiritual growth.

Appointments & Information: 317.966.8528 (virtual appointments available)
Email: maria.diaz@crownsministries.org
Website: www.crownsministries.org

Norwalk:

Christian Counseling Center of Norwalk

Appointments: 203.846.4626

Email: office.ccctherapy@gmail.com

Website: www.christiancounselingcenter.us

Oxford/Shelton:

The Family Counseling & Mediation Center

Karlene Chisholm – Licensed Marriage & Family Therapist

Insurances: Aetna, Anthem, Espyr, Husky

Appointments: 203.925.7727

Email: KarlaMFT2001@aol.com

Family Peace Center, Inc.

1000 Bridgeport Avenue, Suite 203

Shelton, Connecticut 06484

Appointments & Information: 203.513.8435

Email: office@familypeacecenter.com

Website: www.familypeacecenter.com

Southport:

Karen Giunta – Licensed Marriage & Family Therapist and Life Coach Certified EFT Therapist, Life Enrichment Coach

Appointments: 203.856.9555

Email: kgiuntalmft@gmail.com

Website: www.transitionsandnewbeginnings.com

Stratford:

Charley Mead – Licensed Professional Counselor

Contact Office for Accepted Insurances

Appointments: 203.375.5782

Email: charleymead@pgcstratford.com

Website: www.personalgrowthconcepts.com

Non-Judgmental Christian Counseling – Julius Dudics, Director

Appointments: 203.243.7714

Email: jdudics@optimum.net

Trumbull:

Bob Donovan – Certified Professional Life Coach

A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Bob's areas of expertise include: Career, Life Changes, Marriage/Relationships, and Spiritual Growth.

Appointments: Email or 203.721.5272

Email: bob.donovan2009@gmail.com

Waterbury:

Deeper View Counseling – Solomon Darko, Director

Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati

Appointments & Information: 860.510.3959, 203.945.1810

Email: deeperviewcounseling@gmail.com

Website: www.deeperviewcounseling.com

NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.