



## **Black Rock Church Counseling Referral Resources**

(Effective March 2023)

*Unless listed, please contact the counselor for accepted insurance providers.*

### **Bridgeport:**

**Redeem Wellness Center, LLC** – Marriage, Family, Individual & Youth  
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, United Healthcare  
Appointments: <https://www.redeemwellnesscenter.com/contact/>  
Website: <https://www.redeemwellnesscenter.com/>

### **Easton/Fairfield:**

**Beth Thompson – Licensed Professional Counselor**

Insurances: Aetna, Anthem, Cigna & Husky  
Appointments: 203.450.5804  
Email: [bthompsonlpc@gmail.com](mailto:bthompsonlpc@gmail.com)

**Renew Counseling Associates**

**Katherine Bothos – Licensed Clinical Psychologist**

Appointments: Email or 203.808.6100

**Ling Wang – Licensed Marriage & Family Therapist (English & Mandarin)**

Appointments: Email or 203.951.5988.

Insurances: Cigna, Magellan Health, and Medicaid (Husky)

Email: [renewcounselingdirector@gmail.com](mailto:renewcounselingdirector@gmail.com)

Website: [www.renewcounselingassociates.com](http://www.renewcounselingassociates.com)

**Safe Harbor Christian Counseling - Robert Hutter, Director**

Offering teletherapy and in-person sessions

Insurances: Aetna, Anthem, Cigna, Husky, Magellan, Tricare, United Healthcare

Appointments: 800.305.2089, ext. 407

Email: [rob@safeharborct.com](mailto:rob@safeharborct.com)

Website: [www.safeharborct.com](http://www.safeharborct.com)

### **New Haven:**

**Maria Diaz – Certified Professional Life Coach & Strengths Finder  
Champion Coach (English & Spanish)**

*A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Maria's areas of expertise include career coaching, finding your purpose, life changes, women who have experienced abuse, marriage & relationships, and spiritual growth.*

Appointments & Information: 317.966.8528 (virtual appointments available)

Email: [maria.diaz@crownsministries.org](mailto:maria.diaz@crownsministries.org)

Website: [www.crownsministries.org](http://www.crownsministries.org)

## Norwalk:

### **Christian Counseling Center of Norwalk**

Appointments: 203.846.4626

Email: [office.ccctherapy@gmail.com](mailto:office.ccctherapy@gmail.com)

Website: [www.christiancounselingcenter.us](http://www.christiancounselingcenter.us)

## Oxford/Shelton:

### **The Family Counseling & Mediation Center**

#### **Karlene Chisholm – Licensed Marriage & Family Therapist**

Insurances: Aetna, Anthem, Espyr, Husky

Appointments: 203.925.7727

Email: [KarlaMFT2001@aol.com](mailto:KarlaMFT2001@aol.com)

### **Family Peace Center, Inc.**

1000 Bridgeport Avenue, Suite 203

Shelton, Connecticut 06484

Appointments & Information: 203.513.8435

Email: [office@familypeacecenter.com](mailto:office@familypeacecenter.com)

Website: [www.familypeacecenter.com](http://www.familypeacecenter.com)

## Southport:

### **Karen Giunta – Licensed Marriage & Family Therapist**

#### **Certified EFT Therapist, Life Enrichment Coach**

Appointments: 203.856.9555

Email: [kgiuntalmft@gmail.com](mailto:kgiuntalmft@gmail.com)

Website: [www.transitionsandnewbeginnings.com](http://www.transitionsandnewbeginnings.com)

## Stratford:

### **Charley Mead – Licensed Professional Counselor**

Contact Office for Accepted Insurances

Appointments: 203.375.5782

Email: [charleymead@pgcstratford.com](mailto:charleymead@pgcstratford.com)

Website: [www.personalgrowthconcepts.com](http://www.personalgrowthconcepts.com)

### **Non-Judgmental Christian Counseling – Julius Dudics, Director**

Appointments: 203.243.7714

Email: [jdudics@optimum.net](mailto:jdudics@optimum.net)

## Trumbull:

### **Bob Donovan – Certified Professional Life Coach**

*A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Bob's areas of expertise include: Career, Life Changes, Marriage/Relationships, and Spiritual Growth.*

Appointments: Email or 203.721.5272

Email: [bob.donovan2009@gmail.com](mailto:bob.donovan2009@gmail.com)

## **Waterbury:**

### **Deeper View Counseling – Solomon Darko, Director**

Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati

Appointments & Information: 860.510.3959, 203.945.1810

Email: [deeperviewcounseling@gmail.com](mailto:deeperviewcounseling@gmail.com)

Website: [www.deeperviewcounseling.com](http://www.deeperviewcounseling.com)

**NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.**