Black Rock Church Counseling Referral Resources
(Effective October 2022)
Unless listed, please contact the counselor for accepted insurance providers.

Bridgeport:

Redeem Wellness Center, LLC – Marriage, Family, Individual & Youth
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, United Healthcare
Appointments: [https://www.redeemwellnesscenter.com/contact/](https://www.redeemwellnesscenter.com/contact/)
Website: [https://www.redeemwellnesscenter.com/](https://www.redeemwellnesscenter.com/)

Easton/Fairfield:

Beth Thompson – Licensed Professional Counselor
Insurances: Aetna, Anthem, Cigna & Husky
Appointments: 203.450.5804
Email: bthompsonlpc@gmail.com

Renew Counseling Associates
Katherine Bothos – Licensed Clinical Psychologist
Appointments: Email or 203.808.6100
Ling Wang – Licensed Marriage & Family Therapist (English & Mandarin)
Appointments: Email or 203.951.5988.
Insurances: Cigna, Magellan Health, and Medicaid (Husky)
Email: renewcounselingdirector@gmail.com
Website: [www.renewcounselingassociates.com](http://www.renewcounselingassociates.com)

Safe Harbor Christian Counseling - Robert Hutter, Director
Offering teletherapy and in-person sessions
Insurances: Aetna, Anthem, Cigna, Husky, Magellan, Tricare, United Healthcare
Appointments: 800.305.2089, ext. 407
Email: rob@safeharborct.com
Website: [www.safeharborct.com](http://www.safeharborct.com)

New Haven:

Maria Diaz – Certified Professional Life Coach & Strengths Finder
Champion Coach (English & Spanish)
A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Maria’s areas of expertise include career coaching, finding your purpose, life changes, women who have experienced abuse, marriage & relationships, and spiritual growth.
Appointments & Information: 317.966.8528 (virtual appointments available)
Email: maria.diaz@crowsministries.org
Website: [www.crowsministries.org](http://www.crowsministries.org)
Norwalk:

**Christian Counseling Center of Norwalk**
Appointments: 203.846.4626
Email: office.ccctherapy@gmail.com
Website: www.christiancounselingcenter.us

**Family Peace Center – Nancy Fujii, Counselor**
Appointments & Information: 203.762.6900
Email: office@familypeacecenter.com
Website: www.familypeacecenter.com

Oxford/Shelton:

**The Family Counseling & Mediation Center**
Karlene Chisholm – Licensed Marriage & Family Therapist
Insurances: Aetna, Anthem, Espyr, Husky
Appointments: 203.925.7727
Email: KarlaMFT2001@aol.com

**The Wellness Center** – Counseling, Testing, Medication Management
Tamara Tarrant – Clinical Director
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, & more
Appointments: 203.925.7727
Email: info@wellnesscenter.care

Southport:

**Karen Giunta – Licensed Marriage & Family Therapist**
Certified EFT Therapist, Life Enrichment Coach
Insurances: Husky, Medicaid
Appointments: 203.856.9555
Email: kgiuntalmft@gmail.com
Website: www.transitionsandnewbeginnings.com

Stratford:

**Charley Mead – Licensed Professional Counselor**
Contact Office for Accepted Insurances
Appointments: 203.375.5782
Email: charleymead@pgcstratford.com
Website: www.personalgrowthconcepts.com

**Non-Judgmental Christian Counseling – Julius Dudics, Director**
Appointments: 203.243.7714
Email: jdudics@optimum.net
Trumbull:

**Bob Donovan – Certified Professional Life Coach**

*A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance.*

*Bob’s areas of expertise include: Career, Life Changes, Marriage/Relationships, and Spiritual Growth.*

Appointments: Email or 203.721.5272

Email: bob.donovan2009@gmail.com

Waterbury:

**Deeper View Counseling – Solomon Darko, Director**

*Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati*

Appointments & Information: 860.510.3959, 203.945.1810

Email: deeperviewcounseling@gmail.com

Website: www.deeperviewcounseling.com

**NOTE:** Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.