



Black Rock Church Counseling Referral Resources

(Effective October 2022)

Unless listed, please contact the counselor for accepted insurance providers.

Bridgeport:

Redeem Wellness Center, LLC – Marriage, Family, Individual & Youth
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, United Healthcare
Appointments: <https://www.redeemwellnesscenter.com/contact/>
Website: <https://www.redeemwellnesscenter.com/>

Easton/Fairfield:

Beth Thompson – Licensed Professional Counselor

Insurances: Aetna, Anthem, Cigna & Husky
Appointments: 203.450.5804
Email: bthompsonlpc@gmail.com

Renew Counseling Associates

Katherine Bothos – Licensed Clinical Psychologist

Appointments: Email or 203.808.6100

Ling Wang – Licensed Marriage & Family Therapist (English & Mandarin)

Appointments: Email or 203.951.5988.

Insurances: Cigna, Magellan Health, and Medicaid (Husky)

Email: renewcounselingdirector@gmail.com

Website: www.renewcounselingassociates.com

Safe Harbor Christian Counseling - Robert Hutter, Director

Offering teletherapy and in-person sessions

Insurances: Aetna, Anthem, Cigna, Husky, Magellan, Tricare, United Healthcare

Appointments: 800.305.2089, ext. 407

Email: rob@safeharborct.com

Website: www.safeharborct.com

New Haven:

**Maria Diaz – Certified Professional Life Coach & Strengths Finder
Champion Coach (English & Spanish)**

A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance.

Maria's areas of expertise include career coaching, finding your purpose, life changes, women who have experienced abuse, marriage & relationships, and spiritual growth.

Appointments & Information: 317.966.8528 (virtual appointments available)

Email: maria.diaz@crownsministries.org

Website: www.crownsministries.org

Norwalk:

Christian Counseling Center of Norwalk

Appointments: 203.846.4626

Email: office.ccctherapy@gmail.com

Website: www.christiancounselingcenter.us

Family Peace Center – Nancy Fujii, Counselor

Appointments & Information: 203.762.6900

Email: office@familypeacecenter.com

Website: www.familypeacecenter.com

Oxford/Shelton:

The Family Counseling & Mediation Center

Karlene Chisholm – Licensed Marriage & Family Therapist

Insurances: Aetna, Anthem, Espyr, Husky

Appointments: 203.925.7727

Email: KarlaMFT2001@aol.com

The Wellness Center – Counseling, Testing, Medication Management

Tamara Tarrant – Clinical Director

Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, & more

Appointments: <https://www.wellnesscenter.care/intake.html>

Email: info@wellnesscenter.care

Southport:

Karen Giunta – Licensed Marriage & Family Therapist

Certified EFT Therapist, Life Enrichment Coach

Insurances: Husky, Medicaid

Appointments: 203.856.9555

Email: kgiuntalmft@gmail.com

Website: www.transitionsandnewbeginnings.com

Stratford:

Charley Mead – Licensed Professional Counselor

Contact Office for Accepted Insurances

Appointments: 203.375.5782

Email: charleymead@pgcstratford.com

Website: www.personalgrowthconcepts.com

Non-Judgmental Christian Counseling – Julius Dudics, Director

Appointments: 203.243.7714

Email: jdudics@optimum.net

Trumbull:

Bob Donovan – Certified Professional Life Coach

A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Bob's areas of expertise include: Career, Life Changes, Marriage/Relationships, and Spiritual Growth.

Appointments: Email or 203.721.5272

Email: bob.donovan2009@gmail.com

Waterbury:

Deeper View Counseling – Solomon Darko, Director

Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati

Appointments & Information: 860.510.3959, 203.945.1810

Email: deeperviewcounseling@gmail.com

Website: www.deeperviewcounseling.com

NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.