



## **Black Rock Church Counseling Referral Resources**

(Effective September 2022)

*Unless listed, please contact the counselor for accepted insurance providers.*

### **Bridgeport:**

**Redeem Wellness Center, LLC** – Marriage, Family, Individual & Youth  
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, United Healthcare  
Appointments: <https://www.redeemwellnesscenter.com/contact/>  
Website: <https://www.redeemwellnesscenter.com/>

### **Easton/Fairfield:**

**Beth Thompson – Licensed Professional Counselor**

Insurances: Aetna, Anthem, Cigna & Husky  
Appointments: 203.450.5804  
Email: [bthompsonlpc@gmail.com](mailto:bthompsonlpc@gmail.com)

**Renew Counseling Associates**

**Katherine Bothos – Licensed Clinical Psychologist**

Appointments: Email or 203.808.6100

**Ling Wang – Licensed Marriage & Family Therapist (English & Mandarin)**

Appointments: Email or 203.951.5988.

Insurances: Cigna, Magellan Health, and Medicaid (Husky)

Email: [renewcounselingdirector@gmail.com](mailto:renewcounselingdirector@gmail.com)

Website: [www.renewcounselingassociates.com](http://www.renewcounselingassociates.com)

**Safe Harbor Christian Counseling - Robert Hutter, Director**

Offering teletherapy and in-person sessions

Insurances: Aetna, Anthem, Cigna, Husky, Magellan, Tricare, United Healthcare

Appointments: 800.305.2089, ext. 407

Email: [rob@safeharborct.com](mailto:rob@safeharborct.com)

Website: [www.safeharborct.com](http://www.safeharborct.com)

### **New Haven:**

**Maria Diaz – Certified Professional Life Coach**

*A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance.*

Appointments & Information: 317.966.8528

Email: [maria.diaz@crownsministries.org](mailto:maria.diaz@crownsministries.org)

Website: [www.crownsministries.org](http://www.crownsministries.org)

## Norwalk:

### **Christian Counseling Center of Norwalk**

Appointments: 203.846.4626

Email: [office.ccctherapy@gmail.com](mailto:office.ccctherapy@gmail.com)

Website: [www.christiancounselingcenter.us](http://www.christiancounselingcenter.us)

### **Family Peace Center – Nancy Fujii, Counselor**

Appointments & Information: 203.762.6900

Email: [office@familypeacecenter.com](mailto:office@familypeacecenter.com)

Website: [www.familypeacecenter.com](http://www.familypeacecenter.com)

## Oxford/Shelton:

### **The Family Counseling & Mediation Center**

#### **Karlene Chisholm – Licensed Marriage & Family Therapist**

Insurances: Aetna, Anthem, Espyr, Husky

Appointments: 203.925.7727

Email: [KarlaMFT2001@aol.com](mailto:KarlaMFT2001@aol.com)

### **The Wellness Center – Counseling, Testing, Medication Management**

#### **Tamara Tarrant – Clinical Director**

Insurances: Aetna, Anthem, Cigna, ConnectiCare, Oxford, & more

Appointments: <https://www.wellnesscenter.care/intake.html>

Email: [info@wellnesscenter.care](mailto:info@wellnesscenter.care)

## Southport:

### **Karen Giunta – Licensed Marriage & Family Therapist**

#### **Certified EFT Therapist, Life Enrichment Coach**

Insurances: Husky, Medicaid

Appointments: 203.856.9555

Email: [kgiuntalmft@gmail.com](mailto:kgiuntalmft@gmail.com)

Website: [www.transitionsandnewbeginnings.com](http://www.transitionsandnewbeginnings.com)

## Stratford:

### **Charley Mead – Licensed Professional Counselor**

Contact Office for Accepted Insurances

Appointments: 203.375.5782

Email: [charleymead@pgcstratford.com](mailto:charleymead@pgcstratford.com)

Website: [www.personalgrowthconcepts.com](http://www.personalgrowthconcepts.com)

### **Non-Judgmental Christian Counseling – Julius Dudics, Director**

Appointments: 203.243.7714

Email: [jdudics@optimum.net](mailto:jdudics@optimum.net)

## Trumbull:

### **Bob Donovan – Certified Professional Life Coach**

*A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Bob's areas of expertise include: Career, Life Changes, Marriage/Relationships, and Spiritual Growth.*

Appointments: Email or 203.721.5272

Email: [bob.donovan2009@gmail.com](mailto:bob.donovan2009@gmail.com)

## Waterbury:

### **Deeper View Counseling – Solomon Darko, Director**

Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati

Appointments & Information: 860.510.3959, 203.945.1810

Email: [deeperviewcounseling@gmail.com](mailto:deeperviewcounseling@gmail.com)

Website: [www.deeperviewcounseling.com](http://www.deeperviewcounseling.com)

**NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.**