



Black Rock Church Counseling Referral Resources

(Effective May 2022)

Unless listed, please contact the counselor for accepted insurance providers.

Easton/Fairfield:

Beth Thompson – Licensed Professional Counselor

Insurances: Aetna, Anthem, Cigna & Husky

Appointments: 203.450.5804

Email: bthompsonlpc@gmail.com

Renew Counseling Associates

Katherine Bothos – Licensed Clinical Psychologist

Appointments: Email or 203.808.6100

Ling Wang – Licensed Marriage & Family Therapist (English & Mandarin)

Appointments: Email or 203.951.5988.

Insurances: Cigna, Magellan Health, and Medicaid (Husky)

Email: renewcounselingdirector@gmail.com

Website: www.renewcounselingassociates.com

Safe Harbor Christian Counseling - Robert Hutter, Director

Offering teletherapy and in-person sessions

Insurances: Aetna, Anthem, Cigna, Husky, Magellan, Tricare, United Healthcare

Appointments: 800.305.2089, ext. 407

Email: rob@safeharborct.com

Website: www.safeharborct.com

New Haven:

Maria Diaz – Certified Professional Life Coach

A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance.

Appointments & Information: 317.966.8528

Email: maria.diaz@crownsministries.org

Website: www.crownsministries.org

Norwalk:

Christian Counseling Center of Norwalk

Appointments: 203.846.4626

Email: office.ccctherapy@gmail.com

Website: www.christiancounselingcenter.us

Family Peace Center – Nancy Fujii, Counselor

Appointments & Information: 203.762.6900

Email: office@familypeacecenter.com

Website: www.familypeacecenter.com

Shelton:

The Family Counseling & Mediation Center
Karlene Chisholm – Licensed Marriage & Family Therapist
Insurances: Aetna, Anthem, Espyr, Husky
Appointments: 203.925.7727
Email: KarlaMFT2001@aol.com

Southport:

Karen Giunta – Licensed Marriage & Family Therapist
Certified EFT Therapist, Life Enrichment Coach
Insurances: Husky, Medicaid
Appointments: 203.856.9555
Email: kgiuntalmft@gmail.com
Website: www.transitionsandnewbeginnings.com

Stratford:

Charley Mead – Licensed Professional Counselor
Contact Office for Accepted Insurances
Appointments: 203.375.5782
Email: charleymead@pgcstratford.com
Website: www.personalgrowthconcepts.com

Non-Judgmental Christian Counseling – Julius Dudics, Director
Appointments: 203.243.7714
Email: jdudics@optimum.net

Trumbull:

Bob Donovan – Certified Professional Life Coach
A Life Coach helps identify obstacles which may hold you back from reaching your goals, assists with motivation, and targets areas of change resistance. Bob's areas of expertise include: Career, Life Changes, Marriage/Relationships, and Spiritual Growth.
Appointments: Email or 203.721.5272
Email: bob.donovan2009@gmail.com

Waterbury:

Deeper View Counseling – Solomon Darko, Director
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati
Appointments & Information: 860.510.3959, 203.945.1810
Email: deeperviewcounseling@gmail.com
Website: www.deeperviewcounseling.com

NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.