



## Black Rock Church Counseling Referral Resources (Effective March 2021)

*Unless listed, please contact the counselor for accepted insurance providers.*

- Fairfield:** **Renew Counseling Associates – Dr. Jeffrey W. White, Director**  
Insurances: Aetna, Anthem, Husky, Medicaid  
Appointments & Information: Email preferred or 203.450.2665  
Email: [renewcounselingdirector@gmail.com](mailto:renewcounselingdirector@gmail.com)  
Website: [www.renewcounselingassociates.com](http://www.renewcounselingassociates.com)
- Beth Thompson** – Licensed Professional Counselor  
Insurances: Aetna, Anthem, Cigna & Husky  
Appointments: 203.450.5804  
Email: [bthompsonlpc@gmail.com](mailto:bthompsonlpc@gmail.com)
- Norwalk:** **Christian Counseling Center of Norwalk**  
Appointments: 203.846.4626  
Email: [office.ccctherapy@gmail.com](mailto:office.ccctherapy@gmail.com)  
Website: [www.christiancounselingcenter.us](http://www.christiancounselingcenter.us)
- Family Peace Center, Inc.**  
**Counselors: Matt Evans, Nancy Fujii**  
Appointments & Information: 203.762.6900  
Email: [office@familypeacecenter.com](mailto:office@familypeacecenter.com)  
Website: [www.familypeacecenter.com](http://www.familypeacecenter.com)
- Shelton:** **The Family Counseling & Mediation Center, LLC**  
**Karlene Chisholm** – Licensed Marriage & Family Therapist  
Insurances: Aetna, Anthem, Espyr, Husky  
Appointments: 203.925.7727  
Email: [KarlaMFT2001@aol.com](mailto:KarlaMFT2001@aol.com)
- Southport:** **Karen Giunta** – Licensed Marriage & Family Therapist  
Certified EFT Therapist, Life Enrichment Coach  
Insurances: Husky, Medicaid  
Appointments: 203.856.9555  
Email: [kgiuntalmft@gmail.com](mailto:kgiuntalmft@gmail.com)  
Website: [www.transitionsandnewbeginnings.com](http://www.transitionsandnewbeginnings.com)
- Stratford:** **Non-Judgmental Christian Counseling – Julius Dudics, Director**  
Appointments: 203.243.7714  
Email: [jdudics@optimum.net](mailto:jdudics@optimum.net)
- Trumbull:** **Safe Harbor Christian Counseling of CT – Robert Hutter, MA, LPC, Director**  
Appointments: 800.305.2089, ext. 407  
Email: [rob@safeharborct.com](mailto:rob@safeharborct.com)  
Website: [www.safeharborct.com](http://www.safeharborct.com)

**Waterbury: Deeper View Counseling, PLLC – Solomon Darko, MBA, LPC**  
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare,  
UMR–Cincinnati  
Appointments & Information: 860.510.3959, 203.945.1810  
Email: [deeperviewcounseling@gmail.com](mailto:deeperviewcounseling@gmail.com)  
Website: [www.deeperviewcounseling.com](http://www.deeperviewcounseling.com)

**Maria Diaz – Certified Professional Life Coach**

*A Life Coach helps people identify obstacles that may prevent them from achieving goals, assists with motivation and pinpoints areas of change resistance. Please visit Maria’s website for information about the value of life coaching services.*

Appointments & Information: 317.966.8528  
Email: [maria.diaz@crownsministries.org](mailto:maria.diaz@crownsministries.org)  
Website: [www.crownsministries.org](http://www.crownsministries.org)

**Amy Vales at Key Therapy – Licensed Marriage & Family Therapist**

Insurances: Aetna, Anthem, Cigna, Husky, UnitedHealthcare  
Appointments & Information: 203.814.1850  
Email: [avales@keytherapyllc.com](mailto:avales@keytherapyllc.com)  
Website: [www.keytherapyllc.com](http://www.keytherapyllc.com)

**NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.**